

Reaching Recovery

Reaching Recovery is an outcome-based clinical solution for adult consumers with mental illness that promotes engagement and progression towards recovery. The content for this solution was researched and developed by the Mental Health Center of Denver (MHCD).

OVERVIEW

Reaching Recovery helps providers assess and measure a consumer's recovery progress. The solution offers a rigorous, standardized group of assessments to evaluate strengths, barriers and level of care recommendations for individuals. The result is true, person-centered care that reduces the overall cost of recovery throughout the organization.

BENEFITS

Consumers start recovery at the appropriate level of care

The provider completes the initial assessment, which is scored according to algorithm, so the best level of service can be assigned, potentially reducing costs and improving the efficiency of treatment.

Measures consumers' perception of their recovery

Ongoing assessments are completed by the consumer or with the clinician to ensure the consumer's feelings match what the clinician is observing.

Tracks key factors that correspond to recovery

Environmental factors, such as employment, participation in services, housing, symptom management and education, are tracked to assure the consumer receives the appropriate level of care throughout the course of recovery.

Research-based recovery model engages both clinicians and consumers

Reaching Recovery shifts the emphasis from a passive client model that focuses on symptom management to a true, patient-centric approach that helps deliver the right service at the right time for each individual.

Integration with Netsmart solutions drives workflows and improves analytics

Reaching Recovery works in conjunction with Netsmart technology to give you a true picture of an individual's progress as well as benchmark program effectiveness.

With Reaching Recovery ...

Approximately **300 CONSUMERS** graduate to less intensive services **EACH YEAR**

Organizations have reported saving **OVER \$3M EACH YEAR**



About Reaching Recovery

Developed by the Mental Health Center of Denver

In 2000, the Mental Health Center of Denver (MHCD) made a commitment to become the National Center of Excellence in Recovery Focused Community Mental Health. To achieve this goal, MHCD established a recovery committee to determine what the center would look like if it were the Center of Excellence.

In addition to other system transformation initiatives, the committee's recommendations outlined a new way of hiring and training staff, a strengths-based, consumer-directed treatment plan, and four distinct instruments to measure recovery. The recovery instruments included two outcome measures: one by staff and one by the consumer.

They also developed an instrument that enables consumers to graduate to less intensive services as they recover. This instrument, completed by the consumer, measures the extent to which the various providers promote the recovery of the consumer.

In 2010, MHCD began licensing Reaching Recovery, as the four measures of recovery had become known, to other community mental health centers. MHCD currently partners with twelve other providers across the nation to measure recovery, share knowledge through a network, and move forward in recovery transformation.

Partnering with Netsmart

MHCD is committed to sharing its expertise and knowledge of recovery measures to help transform the behavioral health community into a true recovery focus. To accomplish this goal, MHCD has entered into a partnership with Netsmart, the leading electronic medical record provider in the behavioral health industry.

A Shared Vision

Netsmart is uniquely positioned to integrate these instruments for recovery directly into the clinician's workflow and consumer's lifestyle to help achieve this goal. The shared vision is to create systems that enable people with mental illness to live a full, meaningful life in spite of their illness. Netsmart is uniquely positioned to build these instruments into the medical record workflow and achieve this goal.

To What Degree is RECOVERY Happening?

RECOVERY NEEDS LEVEL

Suggest best level of services for state of recovery

PROMOTING RECOVERY IN ORGANIZATIONS

A consumer's rating of mental health center's recovery culture

RECOVERY MARKER INVENTORY

A staff rating of consumer progress

CONSUMER RECOVERY MEASURE

Consumer's rating of their recovery

