The vision of Voz y Corazón is to develop a safe and secure community for young people – one that encourages hope, respect and dignity, and helps them develop faith in themselves and hope for the future.

In Colorado, the suicide rate for children ages 10-19 is 6.19 deaths per one thousand children compared with a national incidence of 3.97.

Faced with this startling statistic, Voz y Corazón's mission is to prevent suicide by developing a caring circle of friends available to young people when they need to express their feelings, feel connected, strengthen their identities, celebrate life, gain hope, and value culture.

Suicide is the second leading cause of death among teenagers and young adults in Colorado.

This suicide prevention program aims to change these facts about teen suicide. Designed by Latina teens and community leaders, Voz y Corazón meaningfully involves teens in suicide prevention activities and supports their efforts to develop solid identities and embrace life.

THE ART OF RESILIENCE
Voz y Corazón’s 8th Annual Art Show and Benefit
Saturday, June 9, 2012
5:00 – 9:00 p.m.
RedLine
2350 Arapahoe St.
Denver, CO  80205

Please join us for an evening of art, entertainment, dinner, and camaraderie
Your support means the world to us

In partnership with Rainbow Alley at The Center, Denver Public Schools, Girls, Inc., Denver Health, Urban Peak, Sisters of Color United for Education, and Jefferson Center for Mental Health, the Mental Health Center of Denver’s Voz y Corazón program builds resiliency and strength in at-risk teens and reduces their suicide risk. All proceeds go toward funding this program.

For more information on this event or to purchase tickets, please contact Lisa Jameson at 303-504-6725 or lisa.jameson@mhcd.org
FAITH AND SPIRITUAL WELLNESS PROGRAM

At the Mental Health Center of Denver, consumers and staff members recognize that the sensitive, active support of a person’s spiritual life can enhance wellness and recovery. To strengthen this aspect of our treatment practice, Dennis Middel serves in a new position of Faith and Spiritual Wellness Coordinator. His strong background in pastoral care and extensive research on the role of spirituality in mental health recovery will allow him to work with staff, consumers, and Denver’s faith-based communities. Staff at the Mental Health Center of Denver will receive training relevant to the faith and spiritual issues of consumers, how to incorporate these into positive treatment plans, and how to collaborate with faith-based organizations. In addition, Middel will develop consumer spiritual support groups for those desiring to reengage their faith and spiritual practices. In the community, Denny will connect with Denver’s faith-based organizations and provide mental illness awareness training, help develop caring community support efforts, and create open doors for referrals.

For information about the Faith and Spiritual Wellness Program, contact Dennis Middel at 303-504-6579 or dennis.middel@mhcd.org.

THE 2012 CONSUMER/FAMILY/PROVIDER RECOVERY CONFERENCE

UNDERSTANDING MENTAL ILLNESS: DEFEATING STIGMA

Thursday, May 24, 2012 at First Plymouth Congregational Church
3501 S. Colorado Blvd., Englewood, CO 80113

Keynote speaker for this annual event will be Patrick Corrigan, PsyD., Distinguished Professor of Psychology and Associate Dean for Research at the Illinois Institute of Technology. His research has centered on the stigma of mental illness.

Dr. Corrigan will speak on “Don’t Call Me Nuts: Beating the Stigma of Mental Illness”

Dr. Carl Clark will speak on “The Head/Body Connection”

Breakout sessions will include:
- Coming Out Proud: A Program to Reduce Self-Stigma
- Understanding Self-Stigma
- Learn About Mental Health First Aid
- Got Employment Success . . . ?
- Lean Six Sigma and Consumer Driven Process Improvement
- Promoting Recovery in Mental Health Centers

For information or to register, go to:
https://secure.smhcd.org/MHCDRecoveryConferenceRegistration.aspx
THE CENTER FOR INTEGRATED PSYCHOLOGICAL SERVICES

The Center for Integrated Psychological Services (CIPS) at the Mental Health Center of Denver, is a behavioral medicine clinic offering psychological interventions for people with an acute or chronic medical illness. The program includes behavioral medicine therapy and pre-surgical behavioral medicine evaluation.

Behavioral Medicine Therapy recognizes that coping with an acute or chronic medical condition can be very difficult, and CIPS offers psychological treatment and interventions that will help patients better understand the psychological issues related to their medical conditions. This therapy can provide a series of targeted interventions that help empower and motivate, giving patients the skills to better manage life with a medical condition.

CIPS also provides Pre-surgical Behavioral Medicine Evaluations which are often required by insurance carriers and/or physicians prior to a medical procedure. The evaluations can help better predict prognosis, reduce poor surgical outcomes, and help the physician determine the appropriateness of a specific medical procedure.

The Center for Integrated Psychological Services is comprised of licensed psychologists and doctorate-level clinicians with extensive training in behavioral medicine, psychological evaluations, and consultation-liaison work.

To learn more about these unique services or to schedule an appointment, call 303-504-6733. We are located at the Mental Health Center of Denver offices at 4141 E. Dickenson Place, Denver, CO 80222.

GROWTH – ENRICHMENT – RECOVERY CAMPAIGN UPDATE

The Growth – Enrichment – Recovery campaign was introduced at the 2011 Gifts of Hope Fundraising Breakfast last October. Since that time, more than 35% of the campaign goal of $8 million has been reached. The Development Office, Board of Directors and Campaign Cabinet are continuing to reach out to individuals, corporations, and foundations to share the importance of the work done throughout the Mental Health Center of Denver to improve the mental health of our entire community.

A unique and fun aspect of the campaign are "house parties" hosted by individuals who are supporting the campaign and who wish to introduce the campaign to their friends and colleagues.

For information about hosting a House Party or with questions about the Growth – Enrichment - Recovery campaign, contact Barbara Shaw at 303-504-6727 or barbara.shaw@mhcd.org

RECOVERY CENTER RENOVATION UPDATE

An important part of the Growth – Enrichment – Recovery campaign is the Landmark Fund which is supporting the renovation of the new Recovery Center located at 4455 E. 12th Ave. This is the building into which our four existing adult out-patient clinics will co-locate when the building opens. We are happy to report that the construction work is on time and we plan to open the building for consumers on Monday, July 9.

While we are still working around construction crews, we would welcome the opportunity to take you on a tour of this building as it is being completed. For information about a tour, contact Barbara Shaw at 303-504-6727 or barbara.shaw@mhcd.org
ENRICHING LIVES & MINDS OPEN HOUSE

Join us for a one-hour informational event, held monthly, to learn more about how the Mental Health Center of Denver is changing lives by helping people recover from mental illness.

Wednesday, May 16 – 7:45 – 9:00 a.m.
Wednesday, June 20, 5:45 - 6:30 p.m.
    Program on Voz y Corazón
Wednesday, July 18, 5:45 - 6:30 p.m.
    Program on Court to Community

All sessions will be held at the MHCD office at 4141 E. Dickenson Place.

To RSVP or for future dates and locations, contact Joanne Aiello at 303-504-6732 or joanne.aiello@mhcd.org

Contact Us:
Mental Health Center of Denver
4141 E. Dickenson Place • Denver, CO 80222
303.504.6500 • vwww.mhcd.org