

May
2016

MHCD Resource Center

The MHCD Resource Center offers a wide range of programs including social and vocational activities in a safe and welcoming environment.

We focus on meeting the needs of individuals who prefer a flexible schedule and each are encouraged to participate in the program of choice that best supports their strengths and well-being.

Drop-In Center

**M-Th 7:30 am-
5:00pm**

Fr 12:30pm-5:00pm

Shoppette

**M-Th 9:00am-
1:30 pm**

Fri 12:30pm-1:30pm

Friday Food Bank

7:00am-12:00pm

Meet Your Resource Center Janitorial Team

Let's Build our Wellness Culture Together!

There have been quite a few changes at the Resource Center recently! However, one piece of the puzzle that has always remained consistent is the

dedication and hard work provided by our janitorial crew. Our janitorial crew works diligently each night to ensure our facilities remain as beautiful as possible. Here are some of the ways we could help in this initiative:

- ◆ Get to know your janitorial crew and their supervisors! Hello's and a smile go a long way!
- ◆ Thank your janitorial staff for the great work they do! Little notes or positive affirmations rock!



From L to R : Johnny Morgan, Assistant Program Manager ; David Evans, Project Coordinator; Brian Mobley, Vocational Supervisor; and Stephen Griffith, Vocational Supervisor. Not Pictured: Brett Assmus, Program Manager; and Ibrahim Akindale, Project Coordinator.



**Enriching Lives and
Minds by Focusing on
Strengths and Well-Being**

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