

Dahlia Campus Farms and Gardens

The following organizations have partnered to promote community well-being through access to healthy food, spaces to connect, and opportunities to learn at Dahlia Campus for Health and Well-Being.

Children's Farms of America helps neighborhoods establish their own unique farm where children learn about food and grow it—for themselves and their community. We provide workshops, fieldtrips, camps, and work experiences for children and youth ages 4-18 years. Through these experiences, we aim to see that kids know where their food comes from and adopt a lifetime approach to eating healthy. *For more information or to enroll your child in programming, please contact Donna Garnett at info@farms4kids.org or 720-810-5475*



Colorado Aquaponics began in 2009 with a mission to provide people, schools, and communities access to locally grown food and sustainable farming solutions through education, demonstration, and innovation. The Colorado Aquaponics team built and operates Flourish Farms, a 3,000 sq.ft. aquaponics farm located at the GrowHaus in Northeast Denver. The new collaboration at Dahlia Campus furthers our mission to connect people with healthy food. We view locally grown, sustainable food as the foundation to healthier eating, healthier lifestyles, and healthier communities. *For more information, please contact Jenna Smith at jenna@coloradoaquaponics.com*

The **Mental Health Center of Denver** enriches lives and minds by focusing on strengths and well-being, known locally and nationally as a model for innovative and effective community behavioral healthcare. At Dahlia Campus Farms and Gardens, we provide Horticultural Therapy for children and families. We also maintain a Learning Landscape pond and a native plant garden for education about pollinators. *For more information, please contact Carol LaRocque at Carol.LaRocque@mhcd.org*



Mo' Betta Green MarketPlace has been addressing food insecurity in food desert neighborhoods since 2010. By hosting weekly markets, tastings, and cooking demos, we emphasize HEAL—Healthy Eating, Active Living—to promote food literacy. Additionally, we offer education and employment opportunities for local youth through internships and job training. We look forward to offering regular markets at Dahlia Campus! *For more information, contact Beverly Grant at grantbdee@gmail.com*

People's Community Food Project was founded in 2014 by residents concerned about food insecurity in Park Hill. We provide emergency food assistance and outreach programs geared towards wellness of children and seniors, food rescue and distribution with a focus on providing healthier sustainable choices for the community in whole. *For more information, please contact Pamela Washington at pdubb21@icloud.com*



People's Community Food Projects



Sprout City Farms cultivates educational urban farms that engage and strengthen communities. We envision a thriving local food system supported by a network of city farms that nourish, and are nourished by, their surrounding community. We have cultivated vegetable farms on the grounds of the Denver Green School and Mountair Park Community Farm since 2011 and 2014, respectively, and are excited to expand to this third farm site at Dahlia Campus. *If you are interested in learning more or volunteering at the farm, please contact Faatma Mehrmanesh at faatma@sproutcityfarms.org or 720-336-8609*



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