



Community Based, Education and Prevention Based Internship, Health Education, Holistic Wellbeing

Location:

Dahlia Campus for Health and Well-Being
3401 Eudora Street
Denver, Colorado 80207

Contact for student:

Position filled for 2018-2019 academic year. Please check back in the future!

Program Description:

The Child & Family Department at the Mental Health Center of Denver has a Community Health & Wellbeing program called Healthy Living. The Healthy Living Program is open to all community members in the City and County of Denver. A primary goal is to provide prevention and early intervention services to at risk Medicaid families. The Healthy Living team collaborates with various community partners in providing health promotion and well-being services throughout the community. Our team offers prevention groups and various workshops aimed at addressing the 8 components of wellness: emotional, environmental, financial, intellectual, occupational, physical, social, and spiritual.

Denver's Community Health Improvement Plan, informed by a variety of stakeholders, has identified two priority health areas (1) Access to Care, including Behavioral Health and (2) Healthy Eating and Active Living (HEAL). MHCD's Healthy Living Program will be aligned with these two priority health areas by providing a variety of health-focused classes and movement/play activities as well as seamless entry points into our comprehensive array of higher intensive services.

Title and Hours required (Flexible Hours most helpful):

Healthy Group Educator Intern, 12 hours/week minimum. Hours may vary based on availability of working families and school schedules. Healthy Living offers groups on week days M-F with some into the evening. Team meetings are scheduled for every Thursday from 9:00am-11:00am.

Minimum Qualifications and # of openings:

Graduate Level preferred, will consider Bachelor Level with group facilitation experience. Bilingual Spanish speaking a plus!
Number of openings: 3

Student Supervisor's Credential Level:

MSW, L.C.S.W.

Qualities sought of Placement and Miscellaneous Information:

1. Strong ability to communicate with a diverse array of individuals: with coworkers, families, children/youth, members of the community, and different communities.
2. Excellent professional customer services skills required.
3. Welcomes diversity and community involvement.
4. Self-directed individual, yet able to work well and closely with a team.
5. Sense of humor and self-care techniques is appreciated.
6. Responsible for coordination, recruitment and enrollment of children and families. Providing Healthy Living skills and support by way of culturally sensitive group facilitation.

The intern opportunities, depending upon the learning objectives, may gain experience in: Educating and enriching children, families and community partners about health, wellbeing, and healthy living.

Assist in coordinating, recruiting and enrolling children and families into Healthy Living skills prevention and wellness group programming.

Track attendance, engagement and outcomes.

Facilitate and Co-facilitate various healthy living skill groups, classes, and workshops, including evidence based practices.

Actively engage children and families to support regular participation in the program.

Participate in team meetings, trainings, and regular supervisory sessions.