VOLUNTEER OPPORTUNITY

<table>
<thead>
<tr>
<th>VOLUNTEER OPPORTUNITY</th>
<th>Aquaponic Greenhouse</th>
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<tbody>
<tr>
<td>PREFERRED VOLUNTEER START DATE</td>
<td>Year-round</td>
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<tr>
<td>EXPECTED VOLUNTEER END DATE</td>
<td>Year-round</td>
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<tr>
<td>SCHEDULE</td>
<td>Fridays from 9:30 AM – 12:30 PM</td>
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*Volunteers are welcome to commit whatever portion of that time is suitable for their schedule however a minimum commitment of 2 hours per shift is preferred.*

LOCATION

Dahlia Campus for Health & Well-Being

VOLUNTEER SUPERVISOR

Aquaponic Greenhouse Manager

PURPOSE

Dahlia Campus Farms & Gardens connects people with fresh, local food. Dahlia Campus features three farms including an aquaponics greenhouse, a 40,000 square foot market farm and Seeds of Power Unity Farm cultivated by Mo' Betta Green. These combined and accessible green spaces support community well-being.

Aquaponics is a sustainable farming solution that recirculates water from fish tanks through vegetable grow beds. Nutrients from the fish waste feed the plants and the plants filter the water to keep the fish healthy.

Volunteers will work alongside our aquaponic greenhouse staff and food distribution specialists, providing valuable skills related to growing and distributing food in a community setting. This provides the unique opportunity to learn about the day-to-day activities involved with maintaining an aquaponic greenhouse and sustainable agriculture.

For more information about our Aquaponic Greenhouse visit our [Dahlia Campus Farms & Gardens Webpage](#) or email [greenhouse@mhcd.org](mailto:greenhouse@mhcd.org).

KEY RESPONSIBILITIES

- Seeding
- Transplanting
- Harvesting
- Cleaning rafts
- Cleaning fish tanks
- Cleaning filtration
- Composting
- General greenhouse cleaning and maintenance
- Other support as needed
QUALIFICATIONS

- No previous farming experience is necessary
- Can lift 40 lbs. and are willing to engage in strenuous, physically demanding tasks, including bending and reaching.
- We take health and safety very seriously and have strict Food Safety and Biosecurity policies. Since this volunteer position involves direct contact with food items, we require that volunteer adhere to the following rules:
  - No Gastrointestinal Illnesses within the past 48 hours prior to volunteering. If you are feeling sick please stay home.
  - No smokers (this relates to Tobacco Mosaic Virus which can put our crops at risk)
  - Always wear clean clothes, no dangling jewelry, and expect to tie your hair back
  - Please don’t wear antiperspirant (this has to do with the aluminum content and potential cross-contamination)
  - No other Farm Visitation prior to volunteering in the Greenhouse (including the Dahlia Campus Market Farm), unless you have showered and changed into a clean set of clothes, including shoes. (This is to prevent cross-contamination)

ONBOARDING REQUIREMENTS

If you are a good fit for the volunteer opportunity we will begin our volunteer onboarding process with you which will require the following:

- Background Check
- Fingerprinting (applicable to select locations)
- Proof of Vaccination (COVID-19 Vaccination is required, and Influenza Vaccination is required during Flu Season)
- Volunteer Orientation

COVID-19 GUIDELINES

Our organization puts the health and safety of the people we serve, our staff and our volunteers above all else. Volunteers upon onboarding will be asked to review and agree to current organizational COVID-19 safety guidelines.

To apply for this opportunity please complete an individual volunteer application

Volunteer Applications for this opportunity are reviewed on a monthly basis